

YOGA RETREAT

Costa Blanca - Spain

University of Southampton Yoga Soc

13th – 15th November 2015

£150

3 days of Yoga and Meditation

Open for all levels – beginners welcome

Teachers: Hannah, Reuben, Wai and Jessy

Venue: casadelpaso.com

To book: jessyklar@hotmail.com



Facebook
event



The price includes:

- Daily practise of Yoga and Meditation with teachers
- Accommodation at Casa del Paso
- All meals: Vegan homemade food



Flights and airport transfers not included!



Casa del Paso:

- Located in the countryside surrounded by mountains
- Shared accommodation in wooden cabins
- Swimming pool